FIND A LOCAL PROVIDER

Choose who may contact you

Keep private contact details and communication permissions under your control.

For: All participants

Approved guide | Revision 1 | Reviewed 2026-11-05

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Why it may help

Use the free tools at your own pace, with control over your information.

Before you begin

A free personal account is all you need. You can edit your own profile straight away; a practice is edited once you have confirmed it is yours.

Choose your task > Follow steps > Check status

Step by step

1. Use My Account for sign-in security. Public business contact fields are separate from your personal sign-in address.

2. Open communication preferences in Website Studio and choose the audiences you wish to hear from. Career discovery preferences are separate in My Career Opportunities.

3. Review any explicit contact-release request before agreeing. Permission to contact you does not authorize AI to respond on your behalf.

4. Leave unwanted choices off or revoke permission. Staging does not deliver unsolicited professional messages or advertisements.

What to expect

What you enter is saved for you, and each tool shows whether it is public. Reading this guide changes nothing.

If something is not working

Adding a business phone to a listing intentionally makes it public after review. Never use a private cell number unless you intend that disclosure.

Open the tools

Open this task

https://findalocalprovider.com/sites/studio

Read the current online guide

https://findalocalprovider.com/help/privacy

Related guide: career

https://findalocalprovider.com/help/career

Related guide: account

https://findalocalprovider.com/help/account